

KEITH A. SOMERS MOTIVATIONAL SPEAKER

KEITH A. SOMERS INTERNATIONAL FOUNDATION

Expanding the perspective of young people, globally, and equipping them with the life skills necessary to fulfill a pro-social role within their respective community.



The Keith A. Somers International Foundation located in Los Angeles, California is a group of people preparing young adults for positive futures. We are experienced adults with powerful stories working to make the world a better place through speaking and listening to today's youth.

KEITH A. SOMERS INTERNATIONAL FOUNDATION PROJECTS

ARRIVE.

The Somers Drive Alive Project

The Somers Drive Alive Project educates at-risk youth about the risks and consequences of distracted and impaired driving.

EMPOWER.

The Somers Youth Preparation Project

The Somers Youth Preparation Project educates youth about drugs, alcohol, bullying, risky sexual practices, and other harmful behavior.

HEAL.

The Somers Young Healers Project

The Somers Young Healers Project educates youth about high risk behavior and habits, and then provide beneficial instruction on how to make quality life choices.

TOGETHER.

The Somers Diversity Project

The Somers Diversity Project educates youth about the inherent dignity and human rights of other races, ethnicities, and religions around the world.

KEITH A. SOMERS

KEITH A. SOMERS INTERNATIONAL FOUNDATION

Keith A. Somers, Founder and COO of the Keith A. Somers International Foundation, is a working actor, voice over artist and powerful motivational speaker.

Keith was born in the 60's and raised in the suburbs of Southeastern Pennsylvania. Keith's community was predominately Jewish with smaller clusters of Italians, Germans, Poles, and a very small enclave of Afro-Americans.

His childhood, judging from the outside, was basically unremarkable, yet internally speaking, his reality was not so idyllic. Being the byproduct of the multi-ethnic union between his Afro-American father and his Italian/East-Indian mother, Keith had to endure significant ethnic and class prejudice from his peers, and though he was a working teen actor, battled many deep seated, emotional issues throughout his childhood and into his teenage years, at which time Keith found relief from his demons through drugs and alcohol.

In an effort to escape and pursue his performing arts career, Keith decided at the age of 21 to move to Los Angeles. Needing to survive while simultaneously pursuing his dream, Keith began work as a body guard. After a celebratory night out in Hollywood, Keith was the initiating party in a multi-car collision which resulted in the death of another young man and multiple injuries suffered by the survivors.

Keith was charged and convicted of Second Degree Murder, and given a life sentence. Determined to come to terms with the magnitude and gravity of his actions, Keith embarked on a lifelong quest for complete spiritual and physical recovery. While incarcerated on his life term, Keith availed himself and benefited from every available form of rehabilitation inside or outside the prison walls.

After serving nearly two decades and making a successful re-entry back into his community, Keith is determined to take every ounce of experience, strength, hope, and wisdom that he gleaned through his "trial by fire" and give back to the world at large by paying it forward through all of his remaining days.

His life's mission is to effectively change the future of our world beginning with the piece of our society most responsible for our future: the youth of today.



SPEAKING TOPICS

KEITH A. SOMERS INTERNATIONAL FOUNDATION

ARRIVE.

The Somers Drive Alive Project on Distracted & Impaired Driving

Keith looks to achieve five fundamental, and interrelated objectives when speaking on this subject matter. 1) to educate youth about the risks and consequences of impaired and distracted driving. 2) to identify the mindsets that are the ancestor to every irresponsible decision to drive while distracted and/or impaired. 3) to provide youth with safe and healthy alternatives to both distracted and impaired driving. 4) to implement effective support systems by yoking youth to respected community leaders and crisis interventionists, to achieve profound and lasting change in attitude and behavior by discontinuing to drive while distracted and/or impaired, and 5) to also be shown how to ambassador and shepherd other youth into the same morally conscious behavior which they learned through this program.

EMPOWER.

The Somers Youth Preparation Project on Drug & Alcohol Abstinence

Research has shown that the key risk periods for drug abuse are during major transitions in children's lives. The first big transition for children is when they leave the security of the family and enter school. Later, when they advance from elementary school to middle school, they often experience new academic and social situations, such as learning to get along with a wider group of peers. It is at this stage—early adolescence—that children are likely to encounter drugs for the first time. When they enter high school, adolescents face additional social, emotional, and educational challenges. At the same time, they may be exposed to greater availability of drugs, drug abusers, and social activities involving drugs. These challenges can increase the risk that they will abuse alcohol, tobacco, and other substances.

HEAL.

The Somers Young Healers Project on Bullying, Suicide, and Depression

Keith's story empowers today's youth who, on a daily basis, are struggling with crime, bullying, gangs, suicidal thoughts, depression, and other harmful/anti-social behavior. Every day, 160,000 students skip school because they are afraid they will be bullied. Thirty percent of students who say they have been bullied said they sometimes had brought weapons to school. Suicide is the third leading cause of death among adolescents, accounting for a greater number of deaths than the next seven leading causes of death combined for 15- to 24-year-olds. Over 60 percent of all people who die by suicide suffer from major depression. If one includes alcoholics who are depressed, this figure rises to over 75 percent.

TOGETHER.

The Somers Diversity Project on Cultural and Ethnic Sensitivity

There is substantial evidence that violence is pervasive and not constrained by race, class, gender, or geographic location. To be sure, California, nor America for that matter, are not the only society that experiences high levels of violence, but what is uniquely American is the high rate of interpersonal violence, particularly involving young people. Keith was able to overcome the inevitable consequences that stem from having been the victim of ethnic, racial, and cultural prejudices, such as low self esteem, self-hatred, anger mismanagement, as well as a general impairment of how he perceived others in the world at large.

KIND WORDS

KEITH A. SOMERS INTERNATIONAL FOUNDATION

I have absolutely nothing but positive feedback about Keith; he is gracious, flexible and professional. He is amazing and touches people profoundly. All are moved by his words and message when he speaks. He is able to share his compelling story while incorporating humor, emotion, and seriousness throughout. He is a truly phenomenal speaker with an inspirational story and I cannot recommend him enough as a keynote speaker for any occasion.

-Cameron Benson, General Manager, Watt Companies

I heard Keith Somers share his story and in his testimony. I found the truth about who I am and the inspiration of hope. I found myself grateful to share Keith's story without having to live the circumstances of Keith's life...

Mr. Somer's message is impactful as he bears his soul and his journey of deep reflection and the resulting spiritual wisdom he has gained through his life experiences. He is an eloquent speaker and truly has a God given passion to connect and serve those like myself that have been afflicted with the disease of alcoholism, hopelessness, and misdirection. My children and I will always be grateful for the gift of Keith Somers in our lives!

-Corrina Vaughn

Keith has lived a life of massive challenge, and the lessons he has learned, make him such a rare human. He taught me a sense of gratitude I had overlooked, and helped strip away layers of self imposed drama. I consider myself so fortunate to have crossed paths with him, and to have heard his story.

-Jesse Faen



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